



Instructor:

KC Lasco, Professional Certified Dog Trainer

Training Center Location:

All Dogs +1 Team Training Center
5811 E. Richmond Rd
Prescott Valley, AZ 86314

Park & Walk Location (2 blocks):

E. Killen Loop Trail
4636 N James Ct
Prescott Valley, AZ 86314

Class Equipment Provided:

- Chew Item/ food-stuffed toy
- Elevated Cooling/Comfort Cot
- Favorite Toy
- 6' Leather Leash
- Water Bowl + Bottled Water

Class Equipment Required:

- ☐ Collar (no choke, pinch or shock collars)
- ☐ Variety of Training Treats & Pouch (approx. 100 pea sized)

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104 WEEK 1

Review Approaching Distractions Level 1

Implied Stay + Distractions

TRAINING GOAL(S):

Mastery of loose leash walking and impulse control skills in the face of more stimulating public & environmental experiences approaching, in a safe and controlled way that helps your Pup become comfortable and remain well-mannered around people, other dogs & animals, new places, and different activities.

DESCRIPTION:

Welcome back, Team Grads! Wow, look at how far you have come! Your dedication and perseverance in creating a joyful and enriching life for your beloved dog is nothing short of inspiring! This is where pet parenting truly begins to shine and get exciting! Let's take all the skills and cues you and your furry partner have mastered and head to the park to elevate your training game! But first, let's spend this week fine-tuning your pup's loose leash walking and impulse control with *distractions approaching* as well as walking past distractions, ensuring a smooth transition from the familiar training center environment he has become accustomed to the real-world adventure of a walk in the park!

104 WEEK 1

"Under" Cue

TRAINING GOAL(S):

Will physically tuck underneath your legs or an object when you say "under" and give the corresponding leash or hand cue, and settle for short durations.

DESCRIPTION:

An "under" cue is an exciting way to engage your Pup! This fun verbal, leash, or hand cue encourages your Pup to tuck his body underneath objects like tables or your legs, inviting them to crawl or go low in style! It's a fantastic method for teaching your dog to expertly navigate tight spaces and dodge obstacles by going low when prompted. Imagine guiding your dog under furniture in a bustling room, skillfully maneuvering around obstacles on walks, or even impressing everyone during agility training as they dash under hurdles! We'll kick off with easy obstacles, and gradually increase the challenge as your dog masters this skill, showering them with treats and praise for every successful navigation!

104 WEEK 2

Review Walking Past Distractions

TRAINING GOAL(S):

Mastery of loose leash walking and impulse control skills in the face of more stimulating public & environmental experiences approaching, in a safe and controlled way that helps your Pup become comfortable and remain well-mannered around people, other dogs & animals, new places, and different activities.

DESCRIPTION:

Welcome back, 101, 102, & 103 Team Graduates! Wow, look at how far you have come! Your dedication and perseverance in creating a joyful and enriching life for your beloved dog is nothing short of inspiring! This is where pet parenting truly begins to shine and get exciting! Let's take all the skills and cues you and your furry partner have mastered and head to the park to elevate your training game! But first, let's spend this week fine-tuning your pup's loose leash walking and impulse control with distractions approaching as well as *walking past distractions*, ensuring a smooth transition from the familiar training center environment he has become accustomed, to the real-world adventure of a walk in the park!

104 WEEK 2

"Visit" Cue

TRAINING GOAL(S):

Upon hearing the verbal cue "visit", contently rests his chin on your lap and stays there until you say "off".

DESCRIPTION:

Prepare for adorable overload with the "visit" cue! The "visit" cue encourages your Pup to place his chin on your lap, creating a perfect moment for him to say "Hi" to you, & while meeting new people. This sweet gesture not only promotes relaxation, but it's also a fantastic way to help your dog feel calm in overwhelming situations. Plus, it makes grooming and vet visits a breeze! Even better, this cue strengthens the trust between you and your adorable companion, showing that he feels safe and ready to follow your lead. Your heart will absolutely melt as your Pup gazes lovingly into your eyes, enjoying every moment of petting and affection!

104 WEEK 3

“Lap” Cue

TRAINING GOAL(S):

Gently places both of his elbows across your lap, and contently stays put until cued “off.”

DESCRIPTION:

Now that your Pup has learned the “visit” cue, he will easily learn the “lap” cue. The “lap” cue instructs your dog to place both of his legs gently across your lap, and stay there in a calm position until cued “off”. It is a self-rewarding skill that encourages polite behavior when seeking attention from you or meeting new people. It discourages jumping up on people by providing a designated way to greet with physical contact. It also builds focus by requiring your dog to pay attention to your cue while maintaining a clam posture, and is a cute and fun trick to show off and bond with your furry friend. You can bet it won’t take long to fade out the food reinforcement in place of physical attention and verbal praise that your dog longs for from his adored pet parent. It doesn’t get better than that!

104 WEEK 3

“Stand” Cue

TRAINING GOAL(S):

Learns the kick back stand technique, where the front feet remain stationary while the hind feet step backward into a standing position upon hearing the verbal cue “stand.”

DESCRIPTION:

You Pup is going to master the “kick back stand” cue, keeping his front paws still while stepping back with his back paws into a fantastic stand. Plus, he will promptly respond to the verbal cue “stand”. The “stand” cue helps during bath time, brushing sessions, cleaning your dog’s paws when they come inside on a snowy or rainy day, and putting your dog’s equipment on without him wiggling or backing away. And think about how helpful it will be for veterinary exams! Rather than collapsing or trying to escape from the table, you can ask your dog to stand still while the vet checks him over. Many of your day-to-day interactions with your dog can run more smoothly if he understands what you expect him to do, and the “stand” cue is no exception. Plus, it’s great exercise and a fun trick to show off at the dog park!

104 WEEK 4

“Roll Over” Cue

TRAINING GOAL(S):

Learns verbal cue “roll”, and responds by rolling over onto his back or side from a lying down position.

DESCRIPTION:

Thanks to the “down” cue and hip flips, which your Pup learned in the 101 & 102 Pet Parenting Courses, he is super primed to easily “roll” into this next big skill! The “roll” cue instructs your Pup to roll over onto his back or side, typically from a lying down position, until “released”, a useful maneuver in specific situations such as grooming & nail trimming, or simply an adorable trick he performs in pursuit of earning some positive reinforcement! Cute overload guaranteed!

104 WEEK 4

Spin the Wheel of Cues Game

TRAINING GOAL(S):

Gain calm confidence to successfully execute known skills & cues to the best of your Pup’s ability with the education you’ve given him in the environment you put him in.

DESCRIPTION:

Get ready for an exciting adventure filled with fun, prizes, and a chance for your Pup to shine in the “Wheel of Cues” Game! Not only will your furry friend earn some well-deserved positive reinforcement, but your Pup’s achievements also reflect your love, dedication, and commitment as a responsible Pet Parent & Teacher! This is your moment to bask in the spotlight alongside your Pup and show off your skills! Spin the “Wheel of Cues,” and whatever cue or skill you land on, step onto the stage with your teammate and perform it for a fabulous reward once you complete it successfully! Let the fun begin!

104 WEEK 5

“Wait” Cue

TRAINING GOAL(S):

Upon hearing the verbal cue “wait”, will pause or stop his current movement and stay put until “released”; typically used to prevent rushing doorways, jumping or grabbing for his food bowl, pulling ahead during walks, and exiting the car before cued to do so. It signifies a temporary hold, *unlike* a “stay” which implies maintaining a position for a longer duration.

DESCRIPTION:

The “wait” cue is used whenever you want your dog to pause momentarily before taking an action. Examples include asking him to “wait” before opening the door to prevent them from rushing out; before placing their food bowl down to avoid jumping or grabbing; before getting out of the car to ensure they stay seated until you give the okay; and if he pulls ahead during walks say “wait” to regain control.

The “wait” cue is essentially asking him to hold back until you give the “release” cue, signifying that it's okay for him to proceed. It's a temporary pause, *unlike* a “stay” which implies holding a position for a longer duration. Plus, incorporating the “wait” cue between different training steps helps to build your Pup’s focus and patience. Your Pup will happily stop in his tracks upon hearing the verbal cue “wait” and appreciate the positive reinforcements that follow!

104 WEEK 5

PRACTICE AT THE PARK

Proofing Skills W/Distractions at a Distance

TRAINING GOAL(S):

Will consistently maintain focus on you and confidently exhibit learned skills in busier public contexts in addition to the ability to settle quickly.

DESCRIPTION:

Get excited to strut your stuff! Your Pup is eagerly exploring busier environments, gaining confidence with every step! Now, with a strong focus on you, your Pup will showcase known skills with pride in public settings! We will test your pup’s impulse control by practicing known skills in an unfamiliar public location with distractions present at a distance. When the show is over, watch as he happily settles down comfortably by your side, no matter where you go.

104 WEEK 6

Graduation + Puppy Social

Congratulations, Pet Parents & Pups! 🎉 It's time to celebrate yet another incredible journey you've taken over the past 6 weeks and the dedication you've shown to reach this milestone! I couldn't be prouder of you both, and your teammates will be too! So, let's take some time to revel in your accomplishments alongside your fellow teammates with a super fun Pupp-eroni Pizza Party & Puppy Social packed with lots of pet parent positive reinforcement. You deserve it!

On behalf of your Pup, thank you for investing in his quality of life and the unbreakable bond you now share with your loyal canine companion. You are an inspiration and positive role model to other pet parent and Pups wherever your adventures take you. Stick with it! You and your furry family member are worth it! 🐾❤️

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Class Overview & Descriptions

Congratulations! You've officially earned the title of dog training excellence! Get ready for the best and most fun part of positive reinforcement training!

Your Pup has mastered the foundational elements of positive reinforcement training, and now it's time to step into the big leagues! Level 104 is all about those exciting expert cues like “Under,” “Visit,” “Lap,” “Stand,” “Roll Over,” and “Wait.” You'll be amazed at how quickly your Pup picks these up, thanks to the fantastic work you both have done in your previous courses! With a solid understanding of the positive reinforcement process, your Pup is eager for these thrilling new challenges! And the excitement doesn't stop there—we're taking this show on the road for some fun in the sun! We'll practice all your skills in real-life settings like parks and social events.

Together, we'll continue to build off-leash control and problem-solving skills while nurturing that loving relationship, and elevating your Pup's trust and response to your guidance.

Let's reduce stress and promote a calm, confident demeanor in this safe and supportive learning environment! Stay the course with me and your fellow teammates because BOTH of you are about to earn your black belts! See ya there!