



+ Private Sessions

COURSE SYLLABUS

Instructor/Trainer:

KC Lasco, Professional Certified Dog Trainer

Training Center Location:

All Dogs +1 Training Center
5811 E. Richmond Rd
Prescott Valley, AZ 86314

Park & Walk Location (2 blocks):

E. Killen Loop Trail
4636 N James Ct
Prescott Valley, AZ 86314

Class Equipment Provided:

- Chew Item/ food-stuffed toy
- Elevated Cooling/Comfort Cot
- Favorite Toy
- 6' Leather Leash
- Water Bowl + Bottled Water
- Treat Pouch

Class Equipment Required:

- ☐ Collar (no choke, pinch or shock collars)
- ☐ Variety of Training Treats & Pouch (approx. 100 pea sized)

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101 WEEK 1

1. Positive Reinforcement Overview

DESCRIPTION:

Let's talk about the incredible benefits of positive reinforcement training techniques! You will learn how to "*mark*" the desired behavior with an enthusiastic "YES!" and tasty treats. Additionally, you will explore the potency of praise, affection, enjoyable toys, and games in positive reinforcement training, and how to utilize them to communicate with your canine teammate. These simple and effective techniques will ensure that your dog learns and adores you for it! Let's get started!

101 WEEK 1

2. "Release" Cue Overview

DESCRIPTION:

The "release" cue is a special word or gesture that tells your dog when a behavior is completed. By using clear cues and communication, you can let your Pup know when he no longer must maintain a behavior, like sitting, and can be free to do what he wants. Let's dive into a demonstration of this awesome technique!

101 WEEK 1

3. Choose your Treat Game

TRAINING GOAL(S):

Discover your dog's high-value treat preferences to incentivize learning new behaviors, especially in the beginning stages.

DESCRIPTION:

Dog training using different value treats with positive reinforcement means using a variety of treats, some considered more desirable than others by your dog, to reward and reinforce desired behaviors, essentially teaching your dog through positive associations by giving them a high-value treat immediately after they perform the correct action, making them more likely to repeat that behavior in the future; this method avoids punishment and focuses on rewarding good actions. High-value treats are the treats your dog finds especially appealing, like small pieces of cooked meat or cheese, which are used to incentivize learning new behaviors, especially in the beginning stages when your dog is still grasping the concept. As your dog progresses, you will gradually introduce lower-value treats, like regular kibble, to help wean him off the reliance on only the most enticing treats.

101 WEEK 1

4. "SIT" CUE Part 1

Sit in Reinforcement Zone

TRAINING GOAL(S):

Offers automatic "sits" at your side (reinforcement zone) as well as responds to verbal cue "sit".

DESCRIPTION:

The "Sit" Cue is considered a basic & fundamental obedience cue that forms the basis for learning other more complex behaviors such as down, implied stay, & loose leash walking skills, just to name a few. So, we are going to take our time to perfect this crucial life skill and slowly build upon it with more advanced skills, tricks & games. But, no worries! We are going to make this a dynamic and fun experience for both of you! In this training session, your Pup will learn to **properly "sit" at your side (reinforcement zone); offer** automatic sits at your side, and **respond to the verbal cue "sit"**. Step 1 involves using a food lure to teach your puppy how to sit at your side, while Step 2 focuses on marking the behavior when your Pup **offers** a sit **without** the food lure. In Step 3, you will introduce the cue word "sit" and your Pup will immediately respond to it. Once mastered, we can begin loose leash walking work!

101WEEK 1

5. Food Bowl Manners

TRAINING GOAL(S):

Patiently holds position until given the "okay" to eat, while also transferring value from the food bowl to you.

DESCRIPTION:

Let's stop the feeding frenzy in exchange for some puppy patience! Here, you will introduce a designated "sit" spot that your Pup will automatically go to when it's feeding time while you slowly build his impulse control to maintain an implied stay until "okayed" to eat. With these positive reinforcement techniques, you will be able to walk around the entire room while your Pup stays put, even with food temptation on the floor! Your Pup will totally dig this challenge as you slowly raise the criteria to the next level of impulse control! Your dog will learn that you are his source of food and that there is no need for mealtime anxiety or begging!

101WEEK 1

6. “COME HERE” CUE

Catch & Release Game

TRAINING GOAL(S):

Promptly returns to you when cued “*here*”, and willingly accepts being gently caught by the collar until “*released*”.

DESCRIPTION:

Get ready for some tail-waggin’ fun with the “*Catch & Release*” Game! Your Pup will learn the “come here” cue and promptly return to you when cued to do so - even in the midst of an exciting group play session with other fur-friends! Your Pup will happily accept being gently “caught” by the collar because you are going to “*release*” him back into play time after giving him a delicious food reward for just coming to you when called. It’s a “win-win” for both of you! Not only are you growing your dog’s trust, you will have peace of mind knowing that with this “*here*” cue, you can keep your Pup safe whenever danger or trouble may present itself. Let the game begin!

101WEEK 2

7. “BED” CUE Part 1

Distance + Implied Stay (30 min.) + Verbal Cue

TRAINING GOAL(S):

Learns verbal cue “*bed*”, and contently settles on bed for up to 30-minutes with minimal reinforcements.

DESCRIPTION:

The “*bed*” cue is a fantastic way to teach your Pup to happily dash to his designated bed spot and stay there until given the “*release*” cue. This is a game-changer for those times when you need your Pup to stay calm, like when you’re traveling, entertaining or just want him to relax in a specific area. This week, your Pup will gain the impulse control to contently settle on his bed for up to 30 minutes, and will understand that implied stay until cued “*release*” equals positive reinforcement! Yes! You will practice encouraging your Pup onto a designated bed spot using hand motions & verbal encouragement. Your Pup will earn a yummy food reinforcement when he lies down & even more delicious treats while you teach him that good things happen while he’s just chilln’ on his cozy bed or watching the world go by. Before you know it, whenever you cue your Pup to his “*bed*”, he will happily run to his bed and stay there until “*released*” - even when someone rings the doorbell! Once your Pup has mastered this concept, we will move onto Part 2 of this valuable life skill. For the remainder of this week, you will practice daily with one of your dog’s meal rations while real world life happens around you.

101 WEEK 2
8. LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
8a. Seen at the Seam of your Pants

TRAINING GOAL(S):

- ☐ **Targeted placement:** : Builds value for being in reinforcement zone and learns that being at your side is where "all the good things happen".
- ☐ **Discourages undesirable positions:** Avoid reinforcing behaviors like forging (walking ahead of you) or lagging behind, which happens when rewards are delivered incorrectly.
- ☐ **Focus and engagement:** Encourage him to look up and back at you, keeping him engaged and focused on you as he waits for his reward.
- ☐ **Builds a strong team bond:** Learns that being by your side is a *consistently good place to be*, which strengthens your relationship and makes him want to be with you.

DESCRIPTION:

Get ready to dive into the exciting world of LOOSE LEASH WALKING and mastering DISTRACTIONS & TRIGGERS! Let's talk about "***Seen at the Seam of Your Pants!***" This technique is all about strategically placing those tasty food rewards in reinforcement zone at your side to reinforce that perfect loose leash walking position. By consistently rewarding him at the seam of your pants, you create a "hot spot" that your Pup will absolutely love and seek out! Training Goals? Let's crush them! First, we'll build that value for being right by your side, where all the magic happens. Next, we'll discourage any undesirable positions, like forging ahead or lagging behind, by delivering rewards in just the right way. And finally, let's keep that focus and engagement alive—encouraging your Pup to look up at you, eager to earn his next reward! Let's get started! 🐾 ✨

101 WEEK 2
LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
8b. Intro Full Circle Rotation

TRAINING GOAL(S):

- ☐ **PREVENT/STOP LEASH PULLING:**
Brings him back into reinforcement zone.
 - *If you and your dog are turning, he can't be pulling forward.*
- ☐ **INCREASED IMPULSE CONTROL IN THE PRESENCE OF APPROACHING DISTRACTIONS:**
 - *Tool for Managing distractions.*
 - *Diverts his focus back to you in the face of an environmental distraction/trigger.*
- ☐ Increased understanding that ***he controls leash tension.***
- ☐ Begins to offer engagement with you around distractions.
- ☐ **FEARFUL DOGS:** Change a dog's emotional response to a stimulus from negative to positive.

DESCRIPTION:

The "Full Circle Rotation Method" is an exciting loose leash walking technique that turns your dog's pulling into a fun challenge! When your Pup pulls, simply guide him in a full circle to help him calm down and reconnect with you. This dynamic approach allows you to bring him back to reinforcement zone at your side; and redirect his energy without needing to stop completely by channeling his forward momentum into a circle. This gives him the opportunity to release that pent-up energy and refocus his attention on you—what fantastic way to bond with your Pup Friend! 🐾 ✨

101 WEEK 3
9. “BED” CUE Part 2
Implied Stay (1 hour) + Distractions

TRAINING GOAL(S):

Contently settles on bed for 1-hour with minimal reinforcements even with household and environmental distractions present.

DESCRIPTION:

Now that your Pup happily responds to the “bed” cue & can chill for about 30 minutes while you move around the room, it’s time to kick things up a notch! Let’s add some tempting distractions and increase his settle time to 1-hour to really challenge his impulse control power! With consistent practice at home, your Pup will zoom to his designated chill zone at the sound of “bed” and happily relax for up to an hour even with exciting distractions present. Let’s keep the momentum going in preparation for Bed Part 3!

101 WEEK 3
10. “SIT” CUE Part 2
Follow the Leash Cues

TRAINING GOAL(S):

Follows leash cues into a full circle auto sit at your side.

DESCRIPTION:

Now that your dog consistently sits at your side upon hearing the verbal cue “sit”, it’s time to add the leash! No more leash pulling! In Part 2 of the “Sit” Cue, your dog will learn how to follow the leash rather than pulling ahead like a “sleigh” dog. You will learn how to use the leash like a steering wheel to guide your Pup into any position, and your teammate will understand to follow it! This is a fun and stimulating exercise that strengthens the bond & trust between you and your adorable dog as you both learn to work together as a team!

101 WEEK 3
11. LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
11a. Leash Anchoring
11b. Red Light | Green Light Game

TRAINING GOAL(S):

- ☐ **1. Prevent leash pulling:** Teaches him that pulling doesn't get him what he wants. When he applies pressure, the walk stops, and only resumes when the leash is loose.
- ☐ **2. Manage excitement and reactivity:** If he lunges or pulls toward a distraction, anchoring allows you to wait until he calms down before moving again. This prevents you from being dragged and teaches him that reacting negatively doesn't result in getting closer to the trigger.
- ☐ **3. Build communication:** Leash pressure becomes a cue. When he learns that releasing tension earns a reward, you can use subtle pressure to guide him and gain his attention in challenging situations.

DESCRIPTION:

Get ready to transform your walks with the Leash Anchoring Technique! Picture yourself as a steadfast anchor, staying still when you Pup pulls, helping him learn that pulling won't get him what he wants. When he applies pressure, the adventure pauses, only to resume when the leash is nice and loose! If he lunges toward distractions, leash anchoring lets you wait for him to calm down before moving forward, preventing him from dragging you forward or backwards; and teaching him that staying calm gets him to the fun. Plus, leash pressure becomes a cue when he discovers that releasing tension means earning rewards, making it easier for you to guide him in over stimulating situations!

101 WEEK 3
LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
11c. Leash Anchoring | Team Training

TRAINING GOAL(S):

Understands that maintaining a loose leash and focus on you in the presence of approaching distractions equals positive reinforcement opportunities (ex. playtime with other dogs).

DESCRIPTION:

Puppy socials and other outdoor excursions are an important part of your Pup's overall health and happiness, so it is crucial that you prevent bad habits like leash lunging/pulling and barking whenever a new and stimulating distraction comes within sight of your canine companion. In this lesson, you are going to give your Pup the tools to make positive choices in the face of new and distracting environments. Not only will your Pup master impulse control when faced with stimulating distractions, but will learn how to manage leash tension like a pro! Watch as your Pup engages with you, even amidst distractions! This is an invaluable skill that will ensure both of you a lifetime of fun and stress-free walks, outings, and meet & greets.

101 WEEK 4
12. "BED" CUE Part 3
Implied Stay (2 hours) + Distance + Distractions

TRAINING GOAL(S):

Will happily settle on bed for up to 2-hours with minimal food reinforcements in a variety of rooms with increased household & environmental distractions present.

DESCRIPTION:

Get ready for some exciting progress! We are raising the criteria again with longer durations and more distractions! Your Pup will dash to his chill spot and automatically lay down upon hearing you give the verbal cue "Bed!" and remain there for a fantastic 2-hours with minimal food reinforcement and with common household distractions present. Now, let's put this to the test by gradually increasing the distance from which you call out "Bed," especially when the doorbell rings! This will become your dog's cue to zoom right to his "Bed"!

101 WEEK 4

13. It's Your Choice Game Part 1

TRAINING GOAL(S):

Holds position and resists the urge to snatch food off the floor or out of your hand without requiring a "leave it" cue; plus continues to develop understanding that eye contact, focus, and impulse control equals positive reinforcement.

DESCRIPTION:

"It's Your Choice Game" is all about making good choices and having a blast! It's designed to boost your dog's focus (eye contact) and impulse control, even when tempting food distractions are around. Your Pup will discover that the tastiest treats come straight from you, essentially teaching him to hold his position and resist the urge to snatch food off the floor or out of your hand. This fun exercise lays the groundwork for your dog to confidently ignore any food he finds on the ground, all without needing a "leave it" cue!

101 WEEK 4

14. LOOSE LEASH WALKING Part 2

"Let's Go" Cue

TRAINING GOAL(S):

Learn's verbal cue "let's go", and maintains loose leash walking position for longer distances and in the presence of a few long-distance environmental distractions.

DESCRIPTION:

Now that your Pup has mastered auto sitting by your side when you stop, it's time to kick things up a notch! We'll work on expanding the distance your Pup can maintain a loose leash while gradually introducing a few typical environmental distractions around. Plus, your Pup will learn the super handy "let's go" cue! This verbal signal will help redirect your Pup's attention back to you, encouraging him to move away from distractions and walk nicely by your side—perfect for those moments when he gets a little excited about a passing dog or a fascinating smell! "Let's Go" for a walk!

101 WEEK 5
15. LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
15a. Switchback Technique

TRAINING GOAL(S):

Learns that ***pulling stops forward progress*** and ***disengages him from where he wants to go.***

- ☐ **Shifts focus**: Stops focusing on the environment and instead pays attention to you and your movements.
- ☐ **Makes pulling uncomfortable**: Learns that when he pulls, you stop and turn away, making forward progress uncomfortable and unrewarding.
- ☐ **Encourages re-engagement**: Learns that the reward (moving forward) is only achieved by returning to your side.
- ☐ **Prevents reinforcement**: Prevents you from accidentally reinforcing pulling by letting the dog drag you to a destination.

DESCRIPTION:

The “Switchback Technique” is based on the premise that dogs pull because they want to get to something in front of them. By ***changing direction every time the leash tightens***, you teach your Pup that ***pulling is counterproductive***, while paying attention to you and walking in reinforcement zone at your side is rewarding. When your Pup pulls ahead, you ***abruptly turn and walk the opposite way***, which teaches him to ***pay attention to your movements*** and ***prevents him from being rewarded for pulling***. This creates an exciting & and engaging experience that reinforces the desired behavior of walking by your side. Let’s make those walks a rewarding experience!

101 WEEK 5
16. LOOSE LEASH WALKING
MANAGING DISTRACTIONS & TRIGGERS
15b. Switchback + U-Turn Combo

TRAINING GOAL(S):

- ☐ Learns that ***pulling stops forward progress*** and ***disengages him from where he wants to go.***

- ☐ **Shifts focus**: Stops focusing on the environment and instead pays attention to you and your movements.

- ☐ **Makes pulling uncomfortable**: Learns that when he pulls, you stop and turn away, making forward progress uncomfortable and unrewarding.

- ☐ **Encourages re-engagement**: Learns that the reward (moving forward) is only achieved by returning to your side.

- ☐ **Prevents reinforcement**: Prevents you from accidentally reinforcing pulling by letting the dog drag you to a destination.

DESCRIPTION:

Whenever your pup pulls ahead, unleash the power of the “***Switchback + Half-Circle Combo Technique***” to gently correct the pulling and regain focus away from the trigger/distraction and back to your side without missing a beat. As he catches up, make a fun 180 U-Turn towards him until you’re back on track, and then continue your joyful journey together!

101 WEEK 5

16. LOOSE LEASH WALKING Part 3 Figure 8s + Distance + Distractions

TRAINING GOAL(S):

Maintains loose leash walking position for long distances and in the presence of approaching environmental distractions.

DESCRIPTION:

Now that your Pup automatically sits at your side when you stop walking, it's time to work on increasing the distance your Pup can maintain a loose leash walking position while gradually increasing distractions in the environment. We will head outside on leash to start practicing loose leash walking in various patterns while gradually increasing distance between stops as your Pup gets better and better at remaining along your side with a loose leash. Let's keep the momentum going with lots and lots of practice at home in preparation for 102's more advanced level of distraction challenges. You've got this!

101 WEEK 5

17. Touch Game

TRAINING GOAL(S):

Deliberately touches his nose to your open palm upon hearing the verbal cue "touch", essentially acting as a target that your Pup is instructed to "touch" with his nose.

DESCRIPTION:

The "touch" cue is a form of "nose targeting" inviting your Pup to deliberately touch his nose to your open hand, essentially acting as a target, often used as a basic training cue to gain your Pup's focus, and control his movement by guiding him with the hand position. Plus, "nose targeting" can be used to calm your Pup in stressful situations by providing a simple task to perform, and reinforces positive interactions between you and your canine companion.

101 PET PARENTING

PRIVATE SESSIONS + GROUP TEAM TRAINING

Course Overview

PET PARENTING 101 is a **POSITIVE REINFORCEMENT; 5 WEEK/5 SESSION; PRIVATE COURSE CURRICULA** designed to empower you and your pet pal with essential real-life skills to practice and showcase at home, out in public, and on the road regardless of household and environmental distractions present!

With an **EMPHASIS** on “**LOOSE LEASH WALKING**” **TRAINING**, 101 is all about **MASTERING** the **FUNDAMENTALS** of **BASIC OBEDIENCE** ensuring your Pup reliably performs **ESSENTIAL CUES & MANNERS** in **VARIOUS ENVIRONMENTS** and with varying distractions **USING POSITIVE REINFORCEMENT METHODS**, such as treats, praise, and toys, to motive your Pup and reward desired behaviors! You, as his Pet Parent, will learn to be consistent with your verbal, hand, & leash cues while always maintaining patience & positivity throughout the training process.

101 SESSIONS are **PRIVATE (team/group training available upon request)**, allowing for more personalized attention and instruction; and a more customized training plan that addresses your dog’s specific needs and challenges (particularly beneficial for dogs with anxiety, aggression, or other behavioral issues and concerns). Plus, without distractions, your Pup can learn at his own pace and make faster progress in preparation for a **SMOOTH TRANSITION TO GROUP CLASSES** for **SOCIALIZATION** and **DISTRACTION TRAINING**

SESSION OVERVIEW:

Sit back and relax while we dive into each session with an engaging overview of the day’s lesson plan where we’ll break down the purpose and mechanics of each new skill to ensure clarity and confidence.

Next, I will introduce and **DEMONSTRATE** the **NEW SKILL/CUE/BEHAVIOR DIRECTLY** with your Pup allowing you both to soak it all in.

Then, it’s your moment to rise and shine! We will **REHEARSE** the exercise with your Pup **TOGETHER** ensuring you can confidently and successfully train at home in preparation for the next more complicated skill.

No need to take notes – I’ve got you covered! Because each new, more complicated skill is built upon the ***mastery of the previous one***, you will leave each session with a handy **5 x 7 cue card** with step-by-step instructions of everything you learned in session to practice at home in preparation for the next week’s fun challenges.

Once he masters a behavior, cue or skill in a **QUIET SETTING**, the training progresses to include

VARIED and DISTRACTING ENVIRONMENTS

FIRST, WE WILL “SHAPE” behaviors by breaking down the complex cue, behavior, or skill into smaller, manageable steps and rewarding each successive approximation of the desired behavior using a positive reinforcement to guide your puppy into the desired position or action, then gradually fading out the lure as he learns the behavior.

ONCE YOUR PUP has mastered individual desired behaviors, you will link the behavior to its corresponding verbal, hand, and/or leash cue followed by the start of combining them to create more complex sequences, such as “sit” into “down” & “down” into “stand”.

FINALLY, WE WILL work on generalization and maintenance by practicing cues, skills & behaviors in different locations and with varying distractions to ensure your Pup generalizes the learned behaviors. Occasionally reinforce learned behaviors to maintain them over time, and your furry family member will be good to go with you anywhere you wish!

WHETHER YOU HAVE a new puppy, are fine-tuning your dog’s already acquired training; building his repertoire of skills, manners, & cues; or looking to enhance your senior dog’s quality of life, these courses will greatly benefit ALL DOGS + 1 Pet Parent regardless of age, size, breed, or experience!

YOU’LL LEARN TO MANAGE TYPICAL DOG BEHAVIORS with like leash lunging/pulling, running off, ignoring recalls, jumping up, food bowl & doorway manners, barking, chewing, digging, chasing, and inappropriate toileting – just to name a few; transforming your Pup into a happy, healthy, well-mannered canine companion that’s welcome everywhere!

EXPERIENCE AN ENRICHING, SAFE, RELAXED, STEP-BY-STEP classroom environment as you practice positive reinforcement techniques that channel your dog's energy appropriately both at home and on the go.

WATCH YOUR PUP THRIVE in the process of learning and playing delightful new tricks and games like shake, catch & release, fetch, & roll over while forging a stronger bond through effective communication and quality time. Plus, with my four levels of high-standard curriculums, you’ll have the opportunity to elevate your Pup’s repertoire and maintain those skills, ensuring your Pup remains a cherished member of your family for life!

DOGS THAT COMPLETE this reward-based, four-level private and group class curricula are ambassadors for well-trained, socialized dogs. Plus, educated pet parents are role models—they help train the younger generations in responsible pet parenthood and setting a positive training foundation.

Puppies

Get ready to transform your Puppy's life with my 5-Week 101 Pet Parenting Private + Group Training Program! This fun and effective 101 puppy course focuses on rewarding desired behaviors, and it comes with a host of amazing benefits including the mental stimulation and enrichment your puppy craves, keeping him engaged and preventing boredom or destructive behaviors, all while incentivizing fantastic behavior through rewarding his achievements! Your Puppy will quickly learn that pleasing you leads to positive outcomes, boosting his confidence and making him more excited to learn!

The cues, behaviors, and skills you and your puppy will learn in this fun and fantastic 101 Pet Parenting Course will serve as the building blocks for more advanced dog training seen in Pet Parenting 102, 103 & 104 Courses. So, building a strong foundation of basic obedience cues like "sit" with implied stay, "down", "come here", and "bed", is crucial as these serve as building blocks for more complex behaviors and skills such as loose leash walking and impulse control amongst household and environmental distractions. Let's do this . . . together!

SUMMARY

Pet Parenting 101 for Puppies is designed with these goals in mind:

- **MENTAL STIMULATION AND ENRICHMENT:** Training sessions provide mental stimulation and enrichment, keeping puppies engaged and preventing boredom or destructive behaviors.
- **ENHANCED COMMUNICATION:** Positive reinforcement facilitates better communication by making the reward the motivator, rather than the fear of correction.
- **PROVIDES AN INCENTIVE FOR GOOD BEHAVIOR:** By rewarding desired behaviors, puppies are more likely to repeat them, leading to better overall behavior.
- **POSITIVE LEARNING EXPERIENCE:** Instead of focusing on punishment, positive reinforcement teaches puppies what to do, making training enjoyable and less stressful for both of you.
- **STRONGER BOND AND TRUST:** Positive reinforcement creates a fun and rewarding training experience, strengthening the bond between you and your puppy, and fostering trust.
- **INCREASED CONFIDENCE:** Puppies learn that pleasing you leads to positive outcomes, boosting their confidence and making them more willing to cooperate.
- **REDUCED RISK OF FEAR AND AGGRESSION:** Punishment-based training can lead to fear and aggression, while positive reinforcement reduces the likelihood of these issues by rewarding desired behaviors.

- **IMPROVED SKILL RETENTION:** When puppies are actively engaged in learning through positive reinforcement, they are more likely to retain the skills and behaviors they learn.
- **EASIER TO TRAIN:** Puppies are more receptive to learning when they are rewarded for good behavior, making the training process easier and more effective.
- **REDUCES ANXIETY AND STRESS:** Positive reinforcement creates a positive learning environment, reducing the chances of anxiety and stress in puppies.

Dogs with Some Acquired Training

Even if your older Pup has already acquired some basic training, this 5-Week 101 Pet Parenting Course will transform your Pup's already existing skills into the crucial building block behaviors he needs to advance in more complex cues, tricks & skills he will learn in this course. But that is just one reason to join this team training course for your older Pup!

Whether your retraining basic dog obedience, building on already acquired behaviors, or simply want to spend quality time with your furry family member, your return to basic training using positive reinforcement will absolutely build a stronger bond, increased confidence and trust, and a reduction in fear-based or aggressive behaviors.

It doesn't matter how well trained your dog is. He will always need the basics making the cues he learns the building blocks to successfully perform more complex behaviors.

SUMMARY

Pet Parenting 101 for Middle-Aged Dogs with Some Acquired Training Skills is designed with these goals in mind:

- **STRONGER BOND:** Positive reinforcement focuses on rewarding good behavior, which strengthens the bond between you and your dog, fostering a sense of trust and cooperation.
- **POSITIVE LEARNING ENVIRONMENT:** Instead of punishment, positive reinforcement creates a fun and engaging learning experience for your dog, making training sessions enjoyable and less stressful.
- **INCREASED CONFIDENCE AND TRUST:** When dogs are rewarded for desired behaviors, they learn to associate positive outcomes with obedience, boosting their confidence and trust in their owner.
- **REDUCED FEAR AND AGGRESSION:** Punishment-based training can lead to fear, anxiety, and even aggression in dogs. Positive reinforcement helps prevent these issues by focusing on positive associations and rewarding good behavior.

- **IMPROVED SOCIALIZATION:** Positive reinforcement can help dogs learn to interact positively with other dogs and people by rewarding calm and friendly behavior in social situations.
- **ENHANCED COMMUNICATION:** Clear communication is crucial for effective training, and positive reinforcement helps dogs understand what's expected of them, leading to better obedience and a stronger bond.
- **HUMANE AND EFFECTIVE:** Positive reinforcement is considered a humane and ethical training method, as it focuses on rewarding desired behaviors rather than punishing unwanted ones.
- **MENTAL STIMULATION:** Training sessions with positive reinforcement provide mental stimulation for your dog, which is essential for their overall well-being.
- **LONG-TERM BEHAVIOR MODIFICATION:** By consistently reinforcing desired behaviors, you can create lasting positive changes in your dog's behavior, leading to a well-behaved and happy canine companion.

Senior/Aging Dogs

If you have a senior dog, this team training course will breathe life back into him and bring out his inner puppy!

Regardless of your senior Pup's age or training experience, retraining basic dog obedience using positive reinforcement offers numerous benefits, such as **cognitive engagement; sense of purpose, reduced anxiety, improved socialization, and age-related behavioral changes.**

Not only does this course offer mental stimulation, helping to keep your beloved senior dog's mind active and potentially slowing cognitive decline; you and your Pup will experience the magic of a stronger bond, **increased confidence and trust**, and a **reduction in fear-based or aggressive behaviors.**

Watch your Pup thrive as he acquires new tricks, skills & behaviors giving him a thrilling new sense of utility and purpose, enhancing his happiness and overall well-being, not to mention reduced anxiety by fostering a positive learning environment.

Plus, it helps older dogs in maintaining or enhancing their social skills, encouraging positive interactions with other dogs and humans, as well as address age behavioral issues, such as increased anxiety or confusion, by providing structure and predictability.

If your dog is aging, this program will enhance his quality of life with his new found purpose to learn, train and feel young again. It's all about quality time together and having fun!

SUMMARY

Pet Parenting 101 for Senior/Older Dogs is designed with these goals in mind:

- **COGNITIVE ENGAGEMENT:** Training provides mental stimulation, which can help keep senior dogs' minds sharp and engaged, potentially mitigating cognitive decline.
- **ENRICHMENT & SENSE OF PURPOSE:** Learning new tricks and behaviors can instill a sense of usefulness and purpose in older dogs, boosting their happiness and overall health.
- **REDUCED ANXIETY:** Positive reinforcement training can help reduce fear and anxiety in senior dogs, as it focuses on creating a positive learning environment.
- **ADDRESSING AGE-RELATED CHANGES:** Training can help manage age-related behavioral changes, such as increased anxiety or confusion, by providing structure and predictability.
- **IMPROVED SOCIALIZATION:** Training can help older dogs maintain or improve their socialization skills, fostering positive interactions with other dogs and people.
- **POSITIVE ASSOCIATION:** Positive reinforcement creates a positive association between training and pleasant experiences, strengthening the bond between dog and owner.
- **INCREASED TRUST:** Using positive methods builds trust and confidence in both the dog and the Pet Parent, fostering a stronger relationship.
- **ENHANCED COMMUNICATION:** Positive reinforcement training improves communication between dogs and their owners, leading to better understanding and cooperation.
- **BUILDING POSITIVE HABITS:** Positive reinforcement encourages good habits and behaviors, as dogs learn to associate desired actions with rewards.
- **FLEXIBILITY AND ADAPTABILITY:** Positive reinforcement training is adaptable to the individual needs and abilities of each senior dog, allowing for a more personalized training approach.