

#### **Instructor:**

KC Lasco, Professional Certified Dog Trainer

#### **Training Center Location:**

All Dogs +1 Team Training Center 5811 E. Richmond Rd Prescott Valley, AZ 86314

#### Park & Walk Location (2 blocks):

E. Killen Loop Trail 4636 N James Ct Prescott Valley, AZ 86314

#### Class Equipment Provided:

- > Chew Item/ food-stuffed toy
- > Elevated Cooling/Comfort Cot
- > Favorite Toy
- > 6' Leather Leash
- > Water Bowl + Bottled Water

#### Class Equipment Required:

Collar (no choke, pinch or shock collars)
Variety of Training Treats & Pouch (approx. 100 pea sized)

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#### 103 WEEK 1 "Car" Cue

#### TRAINING GOAL(S):

Jumps into vehicle on verbal cue "car" and remains until cued "off".

#### **DESCRIPTION:**

Thanks to the "Paws Up" & "Off" Cues and the "Jump" cue, your Pup is totally primed to use those established skills to learn the "Car" cue! The "Car" cue is used to communicate to your dog that he is about to jump into the car, prompting him to behave appropriately, like getting into his designated spot calmly and staying settled while riding; essentially, you're going to teach your Pup to anticipate entering the car and settle down once inside until cued "off", thus minimizing distractions and potential anxiety. It's a way to prepare him for the car environment and signal that a specific set of behaviors is expected.

# 103 WEEK 1 LOOSE LEASH WALKING Part 4 Level 2 Distractions Approaching Distance + Distractions

#### TRAINING GOAL(S):

Mastery of loose leash walking and impulse control skills in the face of more stimulating public & environmental experiences approaching, in a safe and controlled way that helps your Pup become comfortable and remain well-mannered around people, other dogs & animals, new places, and different activities.

#### **DESCRIPTION:**

Congratulations! This is your last loose leash walking practice before next week's final loose leash walking challenge! This skill is so crucial to your Pup's success, that we are spending one more week perfecting it, but with level 2 type distractions approaching this time. We want him calm, confident, & comfortable with ignoring both levels of environmental distractions approaching before raising the criteria one more time in preparation for real world application. Once your Pup masters the art of staying put admist both levels of environmental distractions, he will be ready for next week's grand finale challenge! Get excited! It's all coming together!

### 103 WEEK 2 "Shake" Cue

#### TRAINING GOAL(S):

When verbally cued "shake", will lift his paw and place it in your hand, essentially mimicking a handshake.

#### **DESCRIPTION:**

The "shake" cue is a fun trick used to instruct your dog to lift his paw and place it in your hand, essentially mimicking a handshake. When meeting or greeting people, asking for a "shake" can be a fun way to show off your Pup's skills; encourage positive interaction with others, and demonstrate polite behavior. Or, cue him to "shake" while you clean his wet muddy paws when he comes in from the rain or a bath. Your Pup will appreciate the rewards of learning and maintaining this adorable & handy skill.

## 103 WEEK 2 It's Your Choice Game Part 2 Walking Past Food Distractions

#### **TRAINING GOAL(S):**

While taking walks or out in public, holds position and resists the urge to snatch food off the ground or out of your hand without requiring a "leave it" cue; plus continues to develop understanding that eye contact focus and impulse control equals positive reinforcement.

#### **DESCRIPTION:**

We're raising the bar with "It's Your Choice Game Part 2" by taking this game for a walk! Training your dog to ignore food dropped or found on the ground while taking walks, even without a "leave it" cue, is a huge & comforting step towards ensuring your Pup's safety, well-being, and good manners! It empowers him to avoid potentially harmful items like dropped food, trash, or even hazardous substances while on walks, teaching him to always ask for your permission before indulging in any dropped ground goodies. Not only does this keep your Pup safe from sneaky toxins like medications and cleaning products, but it also helps prevent pesky tummy troubles from random snacks! Plus, it promotes hygiene in public spaces—what a win! Mastering this skill is a thrilling leap toward enhanced eye contact, focus and impulse control, giving you the confidence to handle any situation with your furry walking companion. So, let's keep those walks worry free!

#### 103 WEEK 2 LOOSE LEASH WALKING Part 5 Walking Past Distractions

#### TRAINING GOAL(S):

Develop impulse control and maintain a loose leash while *walking past* various level 1 stimulating environmental distractions, serving as an environmental cue to enhance your Pup's loose leash walking focus, and encourage eye contact with you.

#### **DESCRIPTION:**

Last week we finished working on your Pup's loose leash walking skills while environmental distractions approached him as he holds a stationary cued position such as "sit" or "down". Now, for his finale challenge! Here, you and your teammate will walk towards the distraction rather than staying put while the distraction approaches him. Once again, we will gradually increase the intensity of the distraction as your Pup becomes more and more skilled at ignoring them. The more you practice with him, the better and better the behavior will get! Master this, and your loose leash walking companion is ready to go pro! Join me in Pet Parenting 103 where we will be taking this show on the road. See ya soon!



## 103 WEEK 3 Tug of War Games

#### TRAINING GOAL(S):

Will immediately drop the toy when cued then automatically "sit" until "released" for another round of tug.

#### **DESCRIPTION:**

A "tug-of-war" game is a fun & entertaining way to teach your Pup to behave appropriately when toys are taken away and practice the "drop" & "release" cues by intentionally creating a tugging situation with a toy, then abruptly stopping the tugging motion and giving the cue word "drop," instructing him to let go of the toy. His compliance is rewarded with praise & another round of tug when he drops the toy, automatically sits, and waits patiently for your "release" cue signaling another round of "tug-of-war." Essentially, it's a controlled play scenario that helps your Pup learn to relinquish an object on cue and eagerly sit and wait for your "release" cue, making this an exhilarating and rewarding training experience!

## 103 WEEK 3 "DOWN" CUE Part 3 Hip Flips

#### **TRAINING GOAL(S):**

When cued "down" at your side, automatically flips his hips, positioning paws and body away from you; when cued "down" again, will flip his hips to the opposite side.

#### **DESCRIPTION:**

Hip flips is a fantastic move that can be paired with the "down" cue, keeping those paws and tails safely out of the way in bustling public spaces. But even if you're enjoying some quality time at home, hip flips are a super fun and engaging skill to learn together with your Pup! When you cue "down" at your side, watch as your Pup effortlessly flips those hips, positioning paws and body away from you. And for an even more impressive twist, stand in front of your Pup in the "down" position and "down" again. You'll be thrilled to see them flip over to the opposite side! Soon enough, you and your Pup will be the stars of the dog park!



## 103 WEEK 4 "Back" Cue

#### TRAINING GOAL(S):

The "back up" cue instructs your Pup to move backwards, essentially taking steps away from you; typically used as a redirection maneuver when he gets ahead while loose leash walking or navigate tight spaces by moving in reverse.

#### **DESCRIPTION:**

"Back up" is a cue that is usually practiced during loose leash walking and used as a redirection maneuver when he gets ahead while loose leash walking. Another use is maneuvering tight spaces, like an airplane aisle or to step away from an open door. Also, it can be a crucial cue to prevent accidents if your Pup is getting too close to a dangerous situation. Plus, teaching "back up" helps with polite behavior, like when he is getting too close to guests or other dogs; essentially, any time you need him to take a step back on cue. This is a fun and easy skill to teach while your Pup gets to earn some high value treats while also getting some healthy exercise in those hips!

#### 103 WEEK 5 Graduation + Puppy Social

Congratulations, Pet Parents & Pups! Fit's time to celebrate yet another incredible journey you've taken over the past 4 weeks and the dedication you've shown to reach this milestone! I couldn't be prouder of you both, and your teammates will be too! So, let's take some time to revel in your accomplishments alongside your fellow teammates with a super fun Pupp-eroni Pizza Party & Puppy Social packed with lots of pet parent positive reinforcement. You deserve it!

On behalf of your Pup, thank you for investing in his quality of life and the unbreakable bond you now share with your loyal canine companion. You are an inspiration and positive role model to other pet parent and Pups wherever your adventures take you. Stick with it! You and your furry family member are worth it!

### 103 PET PARENTING TEAM TRAINING Course Overview

Welcome back, 102 Team Graduates! Get ready to elevate your training experience with the exciting 103 Pet Parenting Team Training! This is all about empowering you and your Pup through continued education and advanced skills that go beyond the basics!

Become the incredible pet parent you've always wanted to be! Master intermediate skills and manners while giving your dog the chance to sharpen their real-life abilities and receive valuable feedback along the way.

In 103, we'll take it up a notch beyond foundational cues like "sit" and "come here" into more complex behaviors and precision work, ensuring reliable performance even in distracting environments! Think off-leash recall, distance cues, and even fun dog sports like agility or herding! This training will keep your Pup mentally and physically engaged, preventing boredom and destructive behaviors while boosting his confidence and maximizing his overall well-being.

You'll truly be amazed at how advanced training leads to greater reliability and responsiveness, creating safer and more enjoyable experiences together. Plus, the bond between you and your canine companion will grow stronger than ever!

Get ready for a fantastic journey filled with positive reinforcement during this fun, supportive, and step-by-step curriculum alongside your fellow teammates. Together, we'll transform your quality time into even MORE unforgettable adventures!